The Introductory Rites

**OPENING HYMN**

ICH GLAUB AN GOTT

To Jesus Christ, Our Sovereign King

496

**GREETING**

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.

Assembly: Amen.

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. (or similar greeting)

Assembly: And with your spirit.

**PENITENTIAL ACT**

I confess to almighty God and to you, my brothers and sisters that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

**KYRIE**

Cantor: Mass XVI


**GLORIA**

Congregational Mass, John Lee

Celebrant or Cantor: Glory to God in the highest, *

Assembly: and on earth peace to people of good will.

We praise you, we bless you, * we adore you, we glorify you, we give you thanks * for your great glory, Lord God, heav'nly King, * O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, * Lord God, Lamb of God, Son of the Father,

you take away the sins of the world, * have mercy on us;

you take away the sins of the world, * receive our prayer;

you are seated at the right hand of the Father, * have mercy on us.

For you alone are the Holy One, you alone are the Lord, *

you alone are the Most High, Jesus Christ, with the Holy Spirit, * in the glory of God the Father.

Amen.

**COLLECT** (Opening Prayer)

**The Liturgy of the Word**

**FIRST READING**

Isaiah 66:18-21

**RESPONSORIAL PSALM**

The Grail 1963

Psalm 117:1-2

C. Alexander Peloquin

**ANTIPHON** Cantor, then Assembly:

Go out to all the world, and tell the Good News.

**VERSES** Cantor:

O praise the Lord, all you nations, acclaim him all your peoples! Antiphon.

Strong is his love for us; he is faithful for ever. Antiphon.

**SECOND READING**

Hebrews 12:5-7, 11-13

Brothers and sisters:

You have forgotten the exhortation addressed to you as children: "My son, do not disdain the discipline of the Lord or lose heart when reproved by him; for whom the Lord loves, he disciplines; he scourges every son he acknowledges." Endure your trials as "discipline"; God treats you as sons. For what "son" is there whom his father does not discipline? At the time, all discipline seems a cause not for joy but for pain, yet later it brings the peaceful fruit of righteousness to those who are trained by it.

So strengthen your drooping hands and your weak knees. Make straight paths for your feet, that what is lame may not be disjointed but healed.

**GOSPEL ACCLAMATION** Mode VI

Cantor, then Assembly: Assembly repeats Acclamation following Cantor verse.


I am the way, the truth and the life, says the Lord; no one comes to the Father, except through me.

**GOSPEL**


Deacon: The Lord be with you.

Assembly: And with your spirit.


Assembly: Glory to you, O Lord.

Jesus passed through towns and villages, teaching as he went and making his way to Jerusalem. Someone asked
him, "Lord, will only a few people be saved?" He answered them, "Strive to enter through the narrow gate, for many, I tell you, will attempt to enter but will not be strong enough. After the master of the house has arisen and locked the door, then will you stand outside knocking and saying, 'Lord, open the door for us.' He will say to you in reply, 'I do not know where you are from. And you will say, 'We ate and drank in your company and you taught in our streets.' Then he will say to you, 'I do not know where you are from. Depart from me, all you evildoers!' And there will be wailing and grinding of teeth when you see Abraham, Isaac, and Jacob and all the prophets in the kingdom of God and you yourselves cast out. And people will come from the east and the west and from the north and the south and will recline at table in the kingdom of God. For behold, some are last who will be first, and some are first who will be last."


Assembly: Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow while saying:

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Assembly: Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

Celebrant: Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

Assembly: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

SANCTUS
Cathedral Hours

Church Hours
Monday - Friday: 7:00 a.m. - 5:00 p.m.
(please enter through Selby Avenue side, handicap entrance)
Saturday: 10:00 a.m. - 6:00 p.m.
Sunday: 7:30 a.m. - 6:00 p.m.

Sunday Mass
Anticipatory (Saturday) 5:15 p.m.
Sunday 8:00 a.m. | 10:00 a.m. | Noon | 5:00 p.m.

Daily Mass
Monday - Friday 7:30 a.m.

Sacrament of Reconciliation
Monday - Friday: 3:45 to 5:00 p.m.
Saturday: 3:30 to 5:00 p.m.

Office Hours (Rectory at 239 Selby Ave.)
Monday - Friday: 8:00 a.m. to 4:30 p.m.

Welcome Center Hours
1st and 3rd Sundays: 9:00 a.m. - 2:00 p.m.

Guided Tours
Offered Tuesday-Friday at 1:00 p.m. (except on holy days and national holidays). Please call 651.357.1327 for more information.

Museum Hours – (Subject to volunteer availability)
The Museum is currently open the 2nd and 4th Tuesdays, 12:00 noon to 3:00 p.m. For inquiries, please call 651.357.1327.

Gift Kiosk
Main church: Tuesdays - Fridays, 12:30 to 2:30;
Lower Level, 1st and 3rd Sundays, 9:00 a.m. to 2:00 p.m.
For inquiries, please call 651.357.1320 or check out our Online Store at www.cathedralsaintpaul.org.
Hours are subject to change.

Virtual Tours
Visit www.stpaulcathedraltour.com for a mobile app tour and to virtually “walk through” the Cathedral.

Relevant Radio® Broadcast 1330 AM
The 5:15 p.m. Saturday Mass is recorded and aired on Relevant Radio 1330 AM Sundays: 9:00 a.m.
Weekday Masses are recorded and broadcast at 7:30 p.m. Monday through Friday.

Saint Vincent de Paul Campus
Twin Cities Hmong Catholic Community
Located at 651 Virginia Street, Saint Paul
Sunday Mass (Hmong and English) 9:00 a.m.

Pressed Upon from All Sides:
Vatican I and the Profession of Faith

We've all felt on occasion as though the walls were closing in—pressed from all sides. Young parents dealing with kids, work deadlines, semester exams, to name but three. When Vatican I solemnly opened on December 8, 1869, the decree detailed four specific reasons for calling together the world’s bishops: “for the increase and exaltation of the catholic faith and religion; for the uprooting of current errors; for the reformation of the clergy and the Christian people; for the common peace and concord of all.” In reality, the Church was still reeling from the effects of the French Revolution. There were not a few who were even resigned to the belief that the papacy was a dead letter, the Church would be crushed. Nowhere is this more dramatically expressed than in a massive (33x20 foot) painting in the Louvre depicting the “Coronation of Napoleon,” at Notre-Dame de Paris. Pope Pius VII idly sits in the background, reduced to little more than a mere spectator on a Roman holiday.

But those same people had apparently forgotten the promise of Jesus that “the gates of hell” would not prevail against the Church. By 1869, the Church was threatened from all sides. From the “secular left” Church schools had been suppressed, religious congregations expelled. Then again, from the ultra-right wing, the Church was threatened by nationalism, such as Otto von Bismarck’s Kulturkampf in Germany that imposed state supervision of Catholic schools and government appointment of bishops, absent reference to Rome. Does any of that sound familiar? Think China in 2022? So, if the Church appeared defensive, she had a right to be! The Vatican I Council Fathers immediately began to fashion a decree outlining the fundamentals of the Catholic faith, best described as an extended profession of faith.

Less than a month later, it was approved. Comprising only 894 words, it is as concise as it is complete. The profession is peculiar because it is written as if uttered solely from the perspective of the Pope. “I, Pius, bishop of the Catholic Church, with firm faith believe and profess...” And yet it is a profession of faith for the entire Church. Huh? The profession ends with the pope noting that “this true Catholic faith” which “I now freely profess and truly hold, is what I shall steadfastly maintain and confess, by the help of God, in all its completeness and purity until my dying breath.” He ends with a commitment to “ensure that all others do the same.” That means us! Thus, this profession should be seen as the articulation of the entire Church. This is not surprising, as it is vital to reaffirm basic truths to a new generation. This is a key motivation behind the Eucharistic Revival that is happening at the behest of our nation’s bishops.

Nothing new was being proposed, but a return to the roots. Another clue is in the panoply of words or phrases used to express the acceptance of these basic truths: profess, confess, firmly hold, embrace and accept, resolutely assert, affirm, acknowledge, to name just seven. So, why all the reassurances? Simply put, the Church was occupied in facing threats from rationalism and materialism. For rationalists who derived their thought from the teachings of Rene Descartes and Immanuel Kant, the knowledge of eternal truths could be attained by reason alone. It was vital to enumerate the truths of our faith succinctly. For example: “I embrace and accept the whole and every part of what was defined and declared by the holy council of Trent concerning original sin and justification.” It did not attempt to explain the teaching, content to reaffirm earlier teaching anew.

The profession was followed in April of 1870 by the first decree, “Constitution on the Catholic Faith.” It contained four chapters entitled...
“God the Creator of All Things,” “Revelation,” “Faith,” and “Faith and Reason.” It was the last that attempted to engage modern thinking, the intellectual challenges to the faith. In our own day, this approach would engage different, though no less important topics such as gender ideology, human sexuality and indifference to any moral absolutes. We cannot let the moment pass when forces seek to redefine basic human anthropology. As scriptures teaches, “God created mankind in his image; in the image of God he created them; male and female he created them.” Has Genesis 1:27 ever been more relevant than today?

In my judgment, in addressing the faith and reason question, Vatican I articulated one of the most significant conciliar teachings ever promulgated. “Even though faith is above reason, there can never be any real disagreement between faith and reason, since it is the same God who reveals the mysteries and infuses faith, and who has endowed the human mind with the light of reason.” (my emphasis added) Beautifully stated. Truth can never be in opposition to truth, period! Our faith is not in contradiction to our reason. Where things became a bit dicey was not in the April 24, 1870 session, but in the discussion of the nature of the Church and papacy that would follow. It would lead to a discussion of papal infallibility, a complicated topic, left for a future column. I hope this introduction will “whet your appetite” for more!

- It is our intention that the Cathedral Saint Cecilia Choir will resume rehearsals in Mid-September. Under the direction of Dr. Christopher Ganza, rehearsals are slated for Wednesday afternoons from 4:00-5:00 p.m. The choir is open to children in grades 3-8. Spread the word!

- Details have emerged of the union agreement ending the 14-day Minneapolis teachers strike last Spring. If layoffs are needed, the “district shall excess the next least senior teacher, who is not a member of an underrepresented population.” Huh? Both with respect to layoffs and re-hiring, race outweighs seniority. This is ripe for a legal challenge. My take? A teacher’s performance in the classroom is what should count.

- According to BCA statistics, violent crime increased statewide by nearly 22% last year, including 201 murders and 779 carjackings. Aggravated assaults increased by 33.7%. In Minneapolis, crime has risen in nine of the fourteen categories listed on the city’s website. A combo plate of “defund the police” movement, fewer officers on duty, district attorney policies—all combine to create a volatile mixture.

- Safety and Security Envelopes are in the pews. All monies received will be used to enhance our Cathedral security, including installing additional cameras ($1000 each) to remove several “blind spots” on campus. We are taking particular care to monitor the parking lot during Masses. Your generosity is greatly appreciated.

- Since I briefly mentioned Vin Scully’s death in a recent column, two men approached me to share delightful anecdotes about meeting him. One worked at the stadium as a teenager in Los Angeles, the other as an adult bus driver at Spring training towards the end of Scully’s announcing career. Both agreed that he was the real deal—a true gentleman who made everyone feel important, not just baseball stars.

Sincerely in Christ,
Fr. John L. Ubel, Rector

**Protocols**

**Stewardship Protocols**

Located at the four main doors (two on Selby Ave. and two on Dayton Ave.) you will find gold colored metal drop boxes. Please distribute your Sunday Stewardship envelopes or cash in those slots, preferably before Mass. Otherwise, you may deposit them when leaving.

**Reception of Holy Communion**

Distribution of Holy Communion Protocols

Holy Communion is distributed by individual sections of pews. Please wait until a Communion distributor arrives at your section before proceeding. Please consume the host immediately upon reception.

Holy Communion in the Hand- please extend your hands, one directly over the other, as the Sacred Host is deposited. If possible, keep your hands flat and wait until the priest/deacon/EMHC deposits the host before reaching for it. Please do not reach for the Host. This will greatly minimize potential contact. Avoid holding your hands up too high, as it is more difficult to gently deposit a host.

Holy Communion on the Tongue- This option is available in all sections except the front portion of the section directly in front of the High Pulpit. That is reserved for those who prefer to receive only from those distributing in the hand, out of safety and hygienic concerns. We have also marked off with golden ropes the entire section closest to the Selby Ave. door for the purpose of providing additional social distancing. Fr. Ubel

**ON THE COVER**

The St. Rose of Lima (1586-1617) window is detailed and complex. To the left may be seen two fellow sisters holding branches from the liturgy of Palm Sunday. A sacristan had apparently passed over the novice Rose in the distribution of palms. She realized in prayer that she had desired it too much and was consoled by a vision of Our Lady and Jesus.

St. Rose was also afflicted by demons. One at her feet is shown with fiery darts, representing her physical sickness. Another is pictured with the scourge, depicted here with a handle containing three thongs of leather cord, representative of severe penance, for which Rose was known. The third demon is whispering in her ear, symbolic of Rose’s struggles with temptation.
**Mass Intentions**

Saturday & Sunday, August 20 & 21
5:15 p.m. Michael Bisch †
8:00 a.m. Marlene A. Theil †
9:00 a.m. SVDP Campus ~ For the People
10:00 a.m. Cathedral Parish ~ For the People
12:00 p.m. Susan Kay Otteson †
5:00 p.m. Richard Moss †

Monday, August 22
7:30 a.m. Rev. Peter Williams

Tuesday, August 23
7:30 a.m. Bill & Pat Lundquist †

Wednesday, August 24
7:30 a.m. Tamara Nickoloff

Thursday, August 25
7:30 a.m. Cathedral Benefactors

Friday, August 26
7:30 a.m. Gwen Rulli †

Readings for the week of August 21, 2022
  Lk 13:22-30
- Monday: 2 Thes 1:1-5, 11-12/Mt 23:13-22
- Tuesday: 2 Thes 2:1-3a, 14-17/Mt 23:23-26
- Wednesday: Rv 21:9b-14/Jn 1:45-51
- Thursday: 1 Cor 1:1-9/Mt 24:42-51
- Friday: 1 Cor 1:17-25/Mt 25:1-13
- Saturday: 1 Cor 1:26-31/Mt 25:14-30
- Next Sunday: Sir 3:17-18, 20, 28-29/Heb 12:18-19, 22-24a/Lk 14:1, 7-14

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Observances for the week of August 21, 2022
- Sunday: 21st Sunday in Ordinary Time; St. Pius X, Pope
- Monday: The Queenship of the Blessed Virgin Mary
- Tuesday: St. Rose of Lima, Virgin
- Wednesday: St. Bartholomew, Apostle
- Thursday: St. Louis; St. Joseph Calasanz, Priest
- Friday: 21st Friday in Ordinary Time
- Saturday: St. Monica
- Next Sunday: 22nd Sunday in Ordinary Time; St. Augustine, Bishop and Doctor of the Church

**Theology on Tap**

Wednesday Nights 6:30 p.m. Social | 7:30 p.m. Speaker
Flaherty’s 1273 West County E
Arden Hills, MN 55122

Join the Cathedral Young Adults for pizza, beer, fellowship, and spiritual nourishment.
Below is the final topic for this series:

August 24 | Canon Law in the Sacramental Life of the Church
Susan Mulheron

**7th Annual Mary’s Meals Fundraiser Dinner & Silent Auction**

Please join us Thursday, September 22 at St. Joseph of the Lakes Catholic Church, 171 Elm St., Lino Lakes for a Fundraiser Pasta Buffet Dinner and Silent Auction for Mary’s Meals. The Silent Auction opens at 6:00 p.m., followed by dinner at 6:30 p.m., and the program at 7:00 p.m. The keynote speaker will be CEO and Founder of Mary’s Meals, Magnus MacFarlane-Barrow.

The cost is $21 Adult, $10 Children 4-11 years, 3 years and under are free. To make your reservation and with questions please call Debra and Wayne Waldera at 651.772.6935 or email marysmealsmn@gmail.com. Reservation deadline is September 15, 2022. For more information about Mary’s Meals visit www.marysmealsusa.org.

**Worldwide Marriage Encounter**

Make plans for a fall get-away with the one you love before your calendar fills up!! A Marriage Encounter Weekend is a private weekend away from life’s distractions that allows a husband and wife to focus on each other. The next available Weekends are October 7-9, 2022 in Buffalo, MN and November 12-13, 2022 in Webster, MN. Early registration is highly recommended.

For more information, visit our website twincitieswwme.org or contact Brent and Tracy at applications@twincitieswwme.org or 612.234.7440.
**Voices from the Archives**

**St. Rose of Lima**

The first person born in the Americas to be canonized, Isabel de Flores y del Oliva (1586 – 1617), was born in Peru. At a young age she had a vocation to Mary, who called her the “Rose of Saint Mary.” Believing that God had made her a “little” person, she did what she considered “little” things. She became a Third Order Dominican, dedicating herself to small acts of penance. She spent hours contemplating the Blessed Sacrament, which she received daily, a rare practice in that period. She took a vow of virginity. Though her vow was strongly opposed by her parents, she remained unmoved. Finally, out of frustration, her father gave her a room to herself in the family home. She fasted daily and permanently abstained from meat. Rose sold her fine needlework and grew flowers that she sold to help the poor, the sick and the hungry.

Rose wanted to become a nun, but her father forbade it. She entered the Third Order of St. Dominic instead while living in her parents’ home. In her twentieth year she donned the habit of the Dominicans and took a vow of perpetual virginity. She only allowed herself to sleep two hours a night at most, so that she had more hours to devote to prayer. She wore a crown of thorns to model Christ’s suffering. For eleven years she lived this way, with intervals of intense prayer and penance. Rose died on 24 August 1617, at the age of 31. Her funeral in the cathedral in Lima was attended by all the public authorities of Lima and crowds of the faithful. Rose of Lima was the first Catholic in the Americas to be declared a saint. Her feast day is August 23. ACSP.

**Andrew Dinner, September 20**

**Tuesday, September 20, 6:00 - 8:00 p.m., Archdiocesan Catholic Center, Saint Paul**

The Andrew Dinner is an opportunity for men, ages 16 and above, to have dinner with Archbishop Hebda and Fr. David Blume, the Director of Vocations, along with other priests and religious. The evening includes prayer, a meal, conversation about priesthood and religious life, and vocation testimonies. Online registration is required before September 16 at 10000vocations.org.

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**Rites**

**Baptism**

We welcome those who have been newly baptized. Please pray for them as they continue to grow in Christ.

Ariana Mel Martins
Liza Ann Manke

**Marriage**

Please join us in praying for all couples preparing for the sacrament of Matrimony.

Lee Michael Ryan
Melissa Santina Hayes

**Sacramental Preparation**

**Baptism**

The sacrament of Baptism is celebrated for our parishioners on Sundays after the Noon Mass. Parents must attend a preparation class. Please contact Sue Krutchen at 651.228.1766 or skrutchen@cathedralsaintpaul.org.

**Matrimony**

To be married at the Cathedral of Saint Paul, one or both persons of the engaged couple must be an active, registered Cathedral parishioner for six months prior to requesting a wedding date. For more information about wedding policies, please contact the Libby Mahowald at lmahowald@cathedralsaintpaul.org.

**First Reconciliation/Holy Communion, and Confirmation**

Registered parishioners are encouraged to register for preparation for the sacraments. For more information regarding catechesis for children ages 3 through Confirmation, please contact our parish office at 651.228.1766.

**Rite of Christian Initiation of Adults (RCIA)**

Curious about Catholicism? Considering becoming Catholic? RCIA, a process of learning and formation, is modeled on how people were brought into the Church in the first centuries. Please contact our parish office at 651.228.1766 for more information.

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**Cemetery & Funeral Pre-planning Seminars**

The Catholic Cemeteries is sponsoring free Cemetery and Funeral Pre-planning Seminars. Select the Seminar that is most convenient for you to attend and call 651.228.9991 to make a reservation. Planning Packet, tours, discount and refreshment are available at each seminar. Seating is limited.

Resurrection Cemetery - Mendota Heights
Wednesday, September 14 - 1:00 p.m.
Thursday, September 15 - 6:00 p.m.
Friday, September 16 - 10:00 a.m.
Saturday, September 17 - 10:00 a.m.